

ITF ENGLAND

Stronger together

ITF England Covid – 19 advice – supplementary information

OCTOBER 13th 2020

UK Government has recently issued Information on local COVID alert levels, including what they mean, why they are being introduced and what the different levels are.

The specific guidance can be found [here](#)

You may find the [Sport England](#) guidance helpful if you run other activities.

Local COVID alert level: medium

- exercise classes and organised sport can continue to take place outdoors, or indoors if the **rule of 6** is followed.

Our interpretation – there is no change to previous advice. Please refer to our advice on the rule of 6 below.

Local COVID alert level: high

- exercise classes and organised sport can continue to take place outdoors. These will only be permitted indoors if it is possible for people to avoid mixing with people they do not live with or share a support bubble with, or for youth or disability sport.

Our interpretation – do not allow any mixing in your class unless with people who live together or within a support bubble.

Local COVID alert level: very high

- exercise classes and organised sport can continue to take place outdoors. These will only be permitted indoors if it is possible for people to avoid mixing with people they do not live with (or share a support bubble with), or for youth or disability sport

Our interpretation – do not allow any mixing in your class unless with people who live together or within a support bubble.

When can I gather in groups of more than 6?

The specific wording of the detail relating to Taekwon do on the government website is as follows:

You can gather in a group exceeding 6 in the following circumstances

- **organised outdoor sport or licensed outdoor physical activity, and supervised sporting activity (indoors or outdoors) for under-18s. Organised indoor sport or exercise classes can take place in larger numbers, provided groups of more than 6 do not mix. Organised indoor team sports for disabled people can take place in any number.**
- **elite sporting competition and training**

Our interpretation is that:

- Any class that involves children under the age of 18 only is exempt from the rule of 6
- Organised Taekwon do classes can still go ahead, but do not allow groups of 6 students to mix. This wording is a little vague, so for clarity, keep to our previous advice and do not allow *any* mixing (which may break the social distancing rule of 2m) at all. Maintain a 2m x 2m space for individual students