

ITF England Covid – 19 advice – supplementary information

SEPTEMBER 11TH 2020

UK Government has recently issued advice on social gatherings which comes into force on Monday 14th September.

“From Monday 14 September, you must not meet with people from other households socially in groups of more than 6. This will apply indoors and outdoors, including in private homes. This change will simplify and clarify the rules on social gatherings, so they are easier to understand and easier for the police to enforce”

It is apparent that this guidance is clearly aimed at *social* gatherings rather than sports or exercise.

The advice from the Chartered institute for the Management of Sport and Physical Activity is as follows:

“Use of indoor gyms and leisure facilities

People can continue to use leisure facilities, including gyms and pools.

- All indoor facilities should continue to follow the current Covid-secure guidance including 2m social distancing.

Exercise classes

Indoor exercise classes can continue as normal (in groups of more than six people), when following the current guidance including risk assessments, social distancing, hygiene, use of PAR-Qs and data collection for Test and Trace purposes.

- CIMSPA recommends a minimum 2m x 2m space for each participant for static classes, and a 3m x 3m space for classes involving movement, to maintain effective social distancing.
- Community halls can still be used for classes which follow the existing guidance, with permission from the owner/operator of the venue.
- Please refer to EMD UK’s website for detailed guidance on group exercise classes.”

The full advice can be found here

<https://www.cimspa.co.uk/cimspa-news/news-home/updated-guidance-for-england-%E2%80%93-10-sep-2020>

This is concurrent with the advice from Sport England:

“While social gatherings of more than six people will be banned in England from 14 September, the government’s confirmed that organised sports and activities that have been through return to play protocols can continue, as can organised outdoor sports and physical activity events such as parkrun, which is due to return next month.

People can also continue to use leisure facilities, including gyms and pools - classes within these venues can continue as they are now. People should not go to these venues socially in groups of more than six.”

The full advice can be found here

https://www.sportengland.org/how-we-can-help/coronavirus/coronavirus-what-happens-next#your_questions_answered

The advice from ITF England is to be stringent in implementing your Covid secure measures and to continue with your classes following national advice and our previous guidance.